

# Dr.Meenesh Juvekar

**M.B.B.S M.S. (ENT) D.N.B. D.O.R.L., M.N.A.M.S**

Address: 17/18, SHIV SAGAR CO-OPERATIVE HOUSING  
SOCIETY, SHIV PURI COLONY, SION-TROMBAY ROAD,  
CHEMBUR, MUMBAI-400071.

Mobile No: 91-9619838281  
e-mail: meeneshj@gmail.com  
Website: www.specialist-ent.com

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## **Educational Qualification:**

- MS (Master of Surgery) Ear, Nose & Throat from LTMG Hospital & LMT Medical College, Sion, Mumbai - 400022 (January 1999)
  - D.N.B (Diploma in National Board) from National Board of Examinations New Delhi (June 1999)
  - D.O.R.L (Diploma in Otorhinolaryngology) from college of Physicians & Surgeons Mumbai (April 1998)
  - M.B.B.S. (Bachelor of Medicine & Bachelor of Surgeon) from Mahatma Gandhi Mission Medical College, New Mumbai (October 1996)
  - Pre university H.S.C.E. (XII) from Ramnivas Ruia College, Matunga, Mumbai (March 1990)
  - Matriculation S.S.C. (X) from Our Lady of Perpetual Succour High School, (Mumbai March 1988)
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## **Overseas Certification:**

- Fellowship in Middle EAR Surgery at Causse Clinic with Dr.Robert Vincent in September 2016
- Attained a fellowship with **Prof. Hildmann**, Elisabeth Hospital, Bochum, Germany in Middle Ear surgery, and **Prof. Gubish**, Marine Hospital, Stuttgart, Germany, in Rhinoplasty in **Year 2000**. Attended and assisted various surgeries during that period
- Performed Cadaveric temporal bone dissection under the guidance of **Prof. Hildmann**, Bochum

## **Professional Synopsis**

## **Current:**

- Hon. ENT Surgeon & Unit Head, G.T Hospital, Grant Medical College & J.J. Group of Hospitals, Mumbai
- Consultant ENT Surgeon Bombay Hospital, Mumbai
- Consultant ENT Surgeon Fortis Hospital, Mulund, Mumbai
- Director, Juvekars Nursing Home, Chembur

## **Independent Practice:**

Private Practice Office Clinic - Juvekar's Nursing Home

17/18, Shiv Sagar CHS, Opposite Akbarally's-Off,

Sion Trombay Road, Chembur East, Mumbai - 400071

India (Tel: +91-22-25271140 / 25271150)

## **Past:**

### **February 02, 2000 to November 30, 2000**

- Lecturer Dept.of ENT, Mahatma Gandhi Missions, Medical College, Sector 18, Kamothe, New Mumbai - 400 209.

### **December 01, 2000 to May 30, 2005**

- Lecturer Dept. of ENT, K.J. Somaiya Medical, College & Hospital, Mumbai

### **June 01, 2005 to January 15,2010**

- Associate prof. & Unit Head Dept. of ENT K.J. Somaiya Medical College & Hospital, Mumbai

## **Professional Appointments**

### **February 01, 1995 to January 31, 1996 (52 weeks)**

- Internship (Including 12 weeks of Preventive & Social Medicine) at Mahatma Gandhi Missions, Medical College, Sector 18, Kamothe, New Mumbai - 400 209

### **March 01, 1996 to July 31, 1996**

- Junior House Officer ENT at LTM Medical College & LTMG Hospital, Mumbai

### **August 01, 1996 to January 31, 1997**

- Senior House Officer ENT at LTM Medical College & LTMG Hospital, Mumbai

### **February 01, 1997 to July 31, 1997**

- Junior Registrar ENT at LTMG Medical College & LTMG Hospital, Mumbai

## Professional Appointments

### February 02, 1995 to January 31, 1996 (52 Weeks)

- Senior Registrar ENT at LTM Medical College & LTMG Hospital, Mumbai

### February 01, 1998 to January 31, 1999

- Chief Registrar ENT at LTM Medical College & LTMG Hospital, Mumbai

### April 15, 1999 to July 15, 1999

- Chief Registrar ENT at LTM Medical College & LTMG Hospital, Mumbai

## Experience in OTOLARYNGOLOGY

### Current:

- Working at Bombay Hospital and Research Centre, New Marine Lines, Churchgate, Mumbai as an ENT Consultant
- Working as Surgeon and Post graduate teacher at Grant Medical College, Mumbai . Actively involved in students and post graduate teaching programmes.
- Performing various surgeries like **Middle ear surgeries, Middle ear Implants, Stapes Surgery, Mastoidectomies, Facial Nerve Surgery** and other advanced Otology procedures.
- **FESS, SKULL Base Surgeries, Pituitary Tumour Removal, Orbital Decompressions, CSF Leak Repair, Surgeries for sleep apnoea and snoring.**
- **Radiofrequency** Surgeries for Soft Palate, Tongue, Turbinate.
- **Stroboscopy** for Voice Disorders
- Laryngeal surgeries like Laser Surgery Of Vocal Nodules, Laryngeal pappilomas, Laryngeal Stenosis Thyroid Surgeries, Parotidectomy, Submandibular Gland Excision.been at
- Live Surgeries can [www.specialist-ent.com](http://www.specialist-ent.com)
- *Took active part in Academic webinars in the Covid pandemic. Participated and moderated in over 20 webinars involving National and International Faculty.*

## Career Snapshot

## Training

- **Junior House Officer:**

I joined Residency Training in ENT in February 1996. I acquired my basic surgical techniques in ENT till July 1997.

- **Ward Duties**

- History taking & examination of patients
- Daily Ward Rounds with Registrars / Lecturers / Consultants

## Career Snapshot

➤ **Junior House Officer:**

- **Emergency Duties**

Managing casualty patient like foreign bodies in ENT, Epistaxis, Quincy, Post Tonsillectomy Haemorrhages.

As a lecturer, performed duties as the senior surgeon on call managing all emergencies.

- **Outpatients**

Assessment of new patients and reviews.

**Operation Theatres**

Tonsil and Adenoid resection, Septoplasty, Myringotomies

And Stents, Ear Lobe repair, Nasal Polypectomies, Manipulation of Nasal Bones, etc. under Supervision of Registrar / Lecturer or Consultant.

➤ **Registrar**

➤ Worked on an on call rotation of 1:2 under cover of Lecturer / Consultant.

Exposure to various operations including micro-ear and laryngeal surgeries. **Operations Like, Myringoplasty, Tympanoplasty, and Mastoidectomy.**

➤ **Lecturer**

Facial Nerve Surgeries, Septorhinoplasty, Post nasal packing, Rhinoplasties, Sac- Decompressions, Oesophagoscopy & Bronchoscopy with foreign body removal. Neck surgeries like Thyroidectomies, Thyroglossal cyst excision, Laryngectomies, Hemiglossectomies, Laser excision of oral cancer lesions by laser, Laryngotacheal stenosis, and Cut throat injuries.

Also involved assisting Senior House Officers in their surgeries.

➤ **Associate Professor**

Surgeries of **Choanal Atresias, Endolymphatic sac decompression**. Assisting lecturer and residents in surgeries and handling complications. Managing working of UNIT II at K.J.S.M.C.

➤ **Teaching Programs**

Participated in clinical meetings & seminars. Taking clinics for, residents, nursing staff and undergraduate and postgraduate student's student in-out patients & wards

**\*live surgeries performed can also be seen on [www.specialist-ent.com](http://www.specialist-ent.com)**

## **Research & Publications**

### **Books Written:**

Have authored a book titles "**Short Notes in ENT**" released by Padmabhushan Dr.L.H.Hiranandani in 2006. The book is useful for both undergraduates and postgraduates.

### **PAPERS PUBLISHED**

- ❖ **Primary nasal tuberculosis of maxillary sinus leading to otitis media: a rare presentation**  
Case report by Dr M. R. Juvekar and Dr B. Sarkar, Published in International Journal of Otorhinolaryngology and Head and Neck Surgery, 2020 Aug, Vol- 6(8):1576-1578, DOI: <http://dx.doi.org/10.18203/issn.2454-5929.ijohns2020322>.
- ❖ **Guidelines for otology surgery in coronavirus-19 pandemic**  
Original Research Article by Dr M. R. Juvekar and Dr B. Sarkar, Published in International Journal of Otorhinolaryngology and Head and Neck Surgery, 2020 Sep, Vol- 6(9):1753-1756, DOI: <http://dx.doi.org/10.18203/issn.2454-5929.ijohns20203589>.
- ❖ **Guidelines for rhinology surgery in COVID-19 pandemic**  
Review Article by Dr M. R. Juvekar and Dr B. Sarkar, Published in International Journal of Otorhinolaryngology and Head and Neck Surgery. 2020 Nov; 6(11):2155-2159 <http://www.ijorl.com>.
- ❖ **Guidelines for Tracheostomy in Coronavirus disease 2019 pandemic**  
Review Article by Dr M. R. Juvekar and Dr B. Sarkar, Accepted in International Journal of Otorhinolaryngology and Head and Neck Surgery, 2020 Nov, Vol- 6(11), and DOI: <https://dx.doi.org/10.18203/issn.2454-5929.ijohns2020xxxx>.
- ❖ **Case Report – Primary Nasal Tuberculosis of maxillary sinus leading to Otitis media: A rare presentation Juvekar M, Sarkar B, Int J Otorhinolaryngol Head Neck Surg. 2020 Aug; 6(8); 1576-1578 (International Journal of Otorhinolaryngology and Head and Neck Surgery).**
- ❖ **“ACTA SCIENTIFIC OTOLARYNGOLOGY”**

The Future of Otology – Editorial, Volume 4, Issue 7, May 2020 by Dr.Meenesh Juvekar & Dr.Mohnish Grover.

❖ **"NOISE - AN INDUSTRIAL HAZARD":**

A review by Dr.R.V.Juvekar & Dr.M.R.Juvekar in the Indian Journal of Otology. V014, No.3 (Sept.98) 137-140.

❖ **"TUBERCULOMA OF THE POSTERIOR PHARYNGEAL WALL":**

The case report by Dr.R.V.Juvekar, Dr.M.R.Juvekar & Dr.D.V.Panchal in Bombay Hospital Journal.

❖ **"FRONTO - ETHMOIDAL MUCORMYCOSIS":**

A case report by Dr.M.R.Juvekar, Dr.R.V.Juvekar & Dr.U.M.Tendolkar in the Indian Journal of Laryngology & Otology.

❖ **"MYXOID LIPOMA OF THE ORAL CAVITY":**

A case report by Dr.M.R.Juvekar & Dr.R.V.Juvekar, in the Indian Journal of Laryngology & Otology. VO 152, No.3, Sept. 2000. 269-272

❖ **"COMPARATIVE STUDY OF ENDOTRACHEAL INTUBATION & TRACHEOSTOMY IN EMERGENCIES":**

A review of 70 cases by Dr.M.R.Juvekar & Dr.R.V.Juvekar in Bombay Hospital Journal. VO 141, No.3, 1999 486-487.

❖ **"THE DOUBLE BREATHING TECHNIQUE OF TYMPANOPLASTY":**

A review of 200 cases by Dr.R.V.Juvekar in the Indian Journal of Otology. VO15, No.3, Sept.99 145-148.

❖ **"ORAL SUBMUCOUS FIBROSIS":**

Aetio-Pathogenesis and Treatment Modalities in the Indian Practitioner Dr.M.R.Juvekar, Dr.Rokade, and Dr.R.V.Juvekar. VO154, Aug.2001, 567-571.

❖ **"VERTIGO AETIOLOGY AND MANAGEMENT":**

A paper by Dr.M.R.Juvekar in the Vertigo update Vol 16, Sept-Dec-2001 Pg.15-17.

❖ **"REVISION STAPEDECTOMY":**

In Vertigo update by Dr.M.R.Juvekar Jan-Mar-2002 Pg. 26-27

❖ **DISORDERS OF SPEECH:** By Dr.M.R.Juvekar in the Bombay Hospital Journal.

❖ **INFECTIONS IN EAR-NOSE & THROAT:** By Dr.M.R.Juvekar in the Bombay Hospital Journal.

- ❖ **RECENT ADVANCES IN EAR-NOSE-THROAT:** A publication by Dr.Meenesh.R.Juvekar in the Bombay Hospital Journal.
- ❖ **"FACIAL NERVE GRAFTING & DECOMPRESSION": A Review of 30 Cases.** A report of 30 cases by Dr.M.R.Juvekar, Dr.R.V.Juvekar, in the Indian Journal of Laryngology & Otology - Indian Journal of Otolaryngology and Head Neck Surgery

#### **AWARDS & PAPERS PRESENTED:**

- ❖ Awarded the Best paper Award in the Consultant Category, at the **MENTCON 2013** held in, Pune for paper on "**Bone Reduction Turbinoplasty**"
- ❖ Awarded the Best paper conference in the **MUMBAICON 2013** held in Mumbai.
- ❖ Awarded the Best Video award in **MUMBAICON 2013** for presenting video on "**CSF Rhinorrhoea Repair**".
- ❖ **"THE DOUBLE BREASTING TECHNIQUE OF TYMPANOPLASTY":**  
In the 3<sup>rd</sup> International Surgical Workshop on Middle ear & Parotid & State of art Symposium held at AJB Municipal ENT Hospital, Mumbai from 1<sup>st</sup> to 4<sup>th</sup> November 1998.
- ❖ Presented a paper titled "**Facial Nerve Grafting and Decompression - A study of 30 Cases**" at the All India conference of Otolaryngologists held at Patna in January 2003.

### **Conferences**

#### **A Faculty member and speaker in various workshops and conferences**

- ❖ Course Director of the International Otology Workshop in Bombay Hospital & Research Centre, Mumbai, June 2019.
- ❖ **Course Director** of the International Otology Workshop in Bombay Hospital & Research Centre, Mumbai, July 2018.
- ❖ **Course Director** of the International Otology Workshop in Bombay Hospital & Research Centre, Mumbai, July 2017.
- ❖ Temporal bone dissection and Microsurgery of Ear and Larynx at LTMG Hospital, Sion, Mumbai (annual course) from 1996 to 1999.
- ❖ 28<sup>th</sup> Maharashtra State ENT Conference hosted by AOI, Mumbai Branch, Oct.5<sup>th</sup> & 6<sup>th</sup> 1996.
- ❖ Junior faculty member for Temporal bone dissection and Microsurgery of ear and Larynx at LTMG Hospital, Sion, Mumbai. Year 1997 to 1998.

- ❖ Workshop of the Asia Pacific Head and Neck Cancer Congress December 11 to 14<sup>th</sup> 1998, Mumbai.

## Conferences

### ***Faculty at many National conferences and workshops***

- ❖ 3<sup>rd</sup> Annual Conference of India Society of Laryngology 7<sup>th</sup> March 1999 at Ali Awar Jung Institute for hearing handicapped.
- ❖ First National All hear Cochlear Implant workshop 17-18 April 1999 at Ahemadabad conducted by Dr. Willam F. House.
- ❖ Attended the Rhinoplasty Conference By Dr.Sood foundation in 2003.
- ❖ **Committee member** of the Mumbai branch of The AOI.

## Honors & Academic Achievements

- ❖ **First place in DNB Examinations of National Board, New Delhi held in May 1999. Have been awarded the Kameshwaran Gold Medal for securing the first position in India.**
- ❖ Third place in Ms (ENT) Examination of Bombay University in January 1999
- ❖ Distinction in Biochemistry in 1<sup>st</sup> M.B.B.S.
- ❖ Distinction in Matriculation (S.S.C.) IN 1988.
- ❖ Hosted various speeches on All-India-Radio (AIR) on, Noise Pollution, Deafness and Common problems in Ear-Nose-Throat.

## Personal Interests & Achievements

- ❖ Participated in various cultural and Literature events during my tenure in school & medical college
- ❖ Deeply interested in music and have been receiving formal training in Tabla, a percussion instruments for the past 15 years.
- ❖ Presented various solo performances in concerts & as an accompanist in India and abroad
- ❖ Sports: Represented my college in various State Level Swimming competitions
- ❖ 2<sup>nd</sup> prize in swimming in NBSA Inter Collegiate Swimming competition in Jan.1991.
- ❖ 1<sup>st</sup> prize in "Symphony 95" in Tabla Solo at K.J.Somaiya College of Engineering Jan. 1995.
- ❖ 1<sup>st</sup> prize in "Ashwamedh 94" in Tabla Solo at LTM Medical College.
- ❖ Performed a solo Tabla concert at the function marking 50 years in of LTM Medical College & LTMG Hospital Mumbai.
- ❖ Fond of music, reading, quiz contests and sports



## **Dr. Meenesh Juvekar**

M.B.B.S. M.S. (ENT) D.N.B. D.O.R.L BOMBAY

### **Personal Details**

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**DATE OF BIRTH** : 8<sup>th</sup> JAN. 1973

**NATIONALITY** : INDIAN

**PRESENT ADDRESS** : 302/3, A WING, SUNFLOWER,  
NEELKANTH GARDENS,  
NEAR GOVANDI STATION, MUMBAI-400088.

**PHONE** : 022-25559553

**MARITAL STATUS** : MARRIED

**REGISTRATION** : PERMANENT REGISTRATION  
**MAHARASHTRA** NUMBER:079469  
**MEDICALCOICIL, MUMBAI.**

**PASSPORT NO.** : H4193228

**LANGUAGES KNOWN** : English, Hindi, Marathi , French.



